



NATURAL  
*Animal*  
CENTRE

*...understanding  
the science  
of animal  
behaviour....*

*emotionsandconsciousness  
inanimals*



The Natural Animal Centre  
Penhill  
Trawsmawr  
Carmarthen  
SA33 6ND

01267 236434

[www.NaturalAnimalCentre.com](http://www.NaturalAnimalCentre.com)  
[info@NaturalAnimalCentre.com](mailto:info@NaturalAnimalCentre.com)

# *emotions and consciousness in animals*

*Misconceptions and misunderstandings abound in the area of human / animal interactions. Renowned author Heather Simpson, provides the 'roadmap' which leads to enriched interactions with animals.*



The market is flooded with conflicting, misleading views on animals with owners not knowing where to turn: the theory of how animals behave, think and learn has been extensively researched in universities, worldwide. However the problem remains; textbooks and journals containing data written in a complex inaccessible scientific format. Worse still, hardly any of this information filters down to the people who really matter – compassionate owners like you, who are out there every day searching for what works for their animals at a practical level.

*this is the shortcut to enriched interactions with your animal*

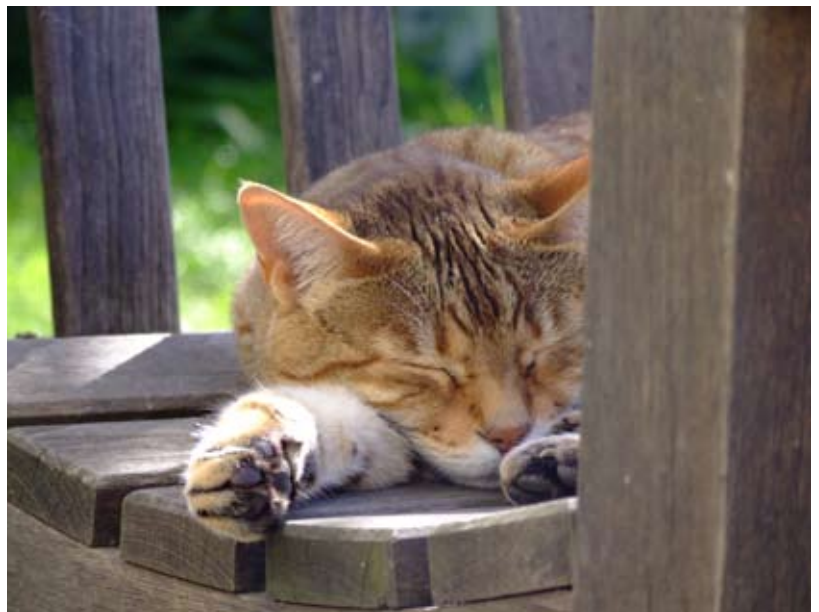
Heather Simpson, MA, HVMA (Assoc), is the joint-owner of the Natural Animal Centre, dedicated to raising compassionate understanding of animals through education. Together with a specialist veterinary surgeon, Heather manages the Natural Animal Veterinary Centre, the only centre in the UK exclusively focused on resolving chronic diseases in animals from a mind body perspective. Heather educates veterinary surgeons across the world helping them to incorporate the mind body discipline into her own practices.

A best-selling author of five books and DVD's, she is a visiting lecturer at Nottingham Trent University and the University of Bristol, she is in the 6th year of her PhD on animal behaviour supervised by Bristol University, School of Veterinary Science.

Would it feel good to know exactly how your animal perceives the world?

How much better would you be at understanding what motivates their behaviour?

Four awesome evening sessions in London ... read on for details  
Call us on **01267 236434** to book or return the attached form



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## *Course format*

The course covers four sessions (three hours tuition per session = 12 hours in all). For the truly dedicated owner, there is an option to attend a special, practical weekend devoted to learning how to interact compassionately with real animals at the NAC in Wales.

Sessions are themed and are designed to give owners a comprehensive overview of the topic. Sessions incorporate case studies with emphasis on how to use information presented in a practical way with animals. Heather has a highly open style of teaching and there will be plenty of opportunities for attendees to ask questions.

### *Session 1 – the myth about dominance (Thurs 1st July)*

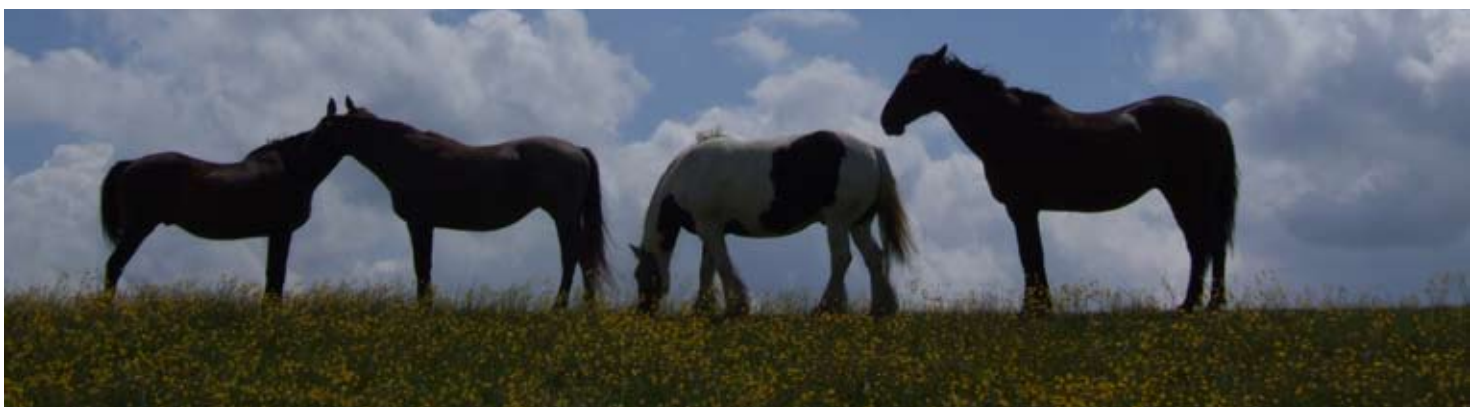
A real understanding of how dominance works in animals; common misconceptions compared with the latest scientific research; identifying behaviours for different phases in dominance and submission; conditioned suppression and learned helplessness; relevant case studies.

### *Session 2 – bonding behaviours in animals (Thurs 22nd July)*

How bonding really works in animals; problems arising from early weaning practices; identifying triggers for fears in animals required to live without animal companionship; recognising chronically stressed animals; stress and diseases; relevant case studies.

### *Session 3 – how animals learn (Thurs 19th August)*

The interaction between learning and memory in animals; examples of the types of learning; why positive reinforcement works best ethically when training animals; the effects of harsh training on memories held in the brain; relevant case studies.



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## *Session 4 – animals as conscious beings (Thurs 16th Sep)*

The latest findings that prove animal consciousness; it's not just chimpanzees, elephants and dolphins that have a special consciousness – pet animals have this intelligence too; depression in animals and consciousness; the human-animal bond – benefits for humans when on the same positive consciousness wavelength as their animal; relevant case studies.

*Awesome, inspirational sessions leading to new perspectives*

## *Optional weekend at the NAC, Wales (16th & 17th October)*

For those highly committed owners wishing to enhance their learning with practical study, here is an opportunity to spend two gorgeous days at the NAC. Sessions include compiling programmes for animals designed to help them cope with the demands of daily modern living eg habituating an animal to traffic, helping them learn to cope with being bathed and groomed. Delegates will work with real animals (dogs, cats, horses, rabbits, guinea pigs, tortoises, chickens as well as pigs, sheep and goats).

All sessions focus on how to use positive reinforcement and clicker training when working with animals. We cover animal management and provide opportunities to view how our animals live at the NAC eg the NAC horses live in a large open barn which opens onto large paddocks and none are ever stabled in social isolation. Our pack of 6 dogs roams freely within the centre.

The NAC is set in over 60 acres of beautiful, tranquil Welsh countryside. Accommodation is available at NAC2, just 10 minutes from the main centre. NAC2 offers an experience akin to a retreat, tucked away at the top of a valley and surrounded by over 1000 acres of accessible forest and bordered by streams.

*Practical experiences designed to celebrate the  
human-animal bond*



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*Rarin' to sign up??*

Book for all 4 evenings together and **save 15%**  
**£460**

Come to one or more: £135 per evenings (£540 for all 4)

*NAC weekend (an optional extra)*

For the early birds if you book before [start of session 3].

**You save 15 % - cost £510**

**Standard price: £600**

Accommodation at NAC2 is limited and is on a first-come-first-served basis at £32.00 per night (price includes continental breakfast). Self-catering facilities available.

*Booking*

Name:.....

Address:.....

.....

Phone:.....

Email:.....

*I would like to book my place on:*

Evening 1     Evening 2     Evening 3     Evening 4     NAC Weekend

• *I enclose a cheque for..... payable to the Natural Animal Centre*

• *Please use the following card (+ a card surcharge of £2.50)*

*Card number.....*

*Start date/ Issue number.....*

*Exp date.....*

*Security code.....*

•  *Please Invoice me via paypal to the above email address*

*Post to Natural Animal Centre, Penhill, Trawsmawr, Carmarthen, SA33 6ND*